

Pathophysiology Case - Renal Case #2

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History

A 37-year-old nursing assistant complains of lower abdominal pain after slipping and falling on a wet floor in her unit. She left work early because of the pain was intense and she also found blood in her urine. She stated that no one saw her fall and she did not file a work injury report. She brought a urine specimen with her from home because she needs proof of the blood in her urine.

Urinalysis Results: Color – red
Transparency – clear
Odor – normal
pH – 7.5 Specific gravity – 1.015
Glucose, Albumin, Ketones, Hemoglobin, WBC, RBC – all
negative

Questions

1. What condition (if any) does the urinalysis suggest?

2. How do you explain the absence of red blood cells in her urine, despite the red color?

3. What do you think is really going on, and how should this patient be handled?
